

"Inside Is 'FLAME' And In That Flame Is 'The WORD' That Inspireth In Us Love For The True Lord" (Nanak)

Free lectures and classes January 9 to February 13, 1966 inclusive.  
NO LECTURES ON SATURDAYS

- JANUARY 9, SUNDAY, 3:00 P.M. — Is God to be found within, or without, in the Knower or in the Known? What is not in man, he can not know.  
8 P.M. — Achieve your own godhead, even to your most glorious heights here and now. Eternal Life is a present possession, and not a post-mortem realization.
- JANUARY 10, MONDAY, 3:00 P.M. — You can not escape joy and suffering. Your intelligence is measured by the amount of meaning facts have for you.  
8 P.M. — Chronic anxiety is the mental tuberculosis, that wastes away the inner strength and Stamina, and its Cure.
- JANUARY 11, TUESDAY, 3:00 P.M. — Man does not cause nor does he govern the great events, through which he lives, but he must grow through them.  
8 P.M. — **Meditation Class.** First great session for training men and women to carry themselves serenely and triumphantly amid all the trials that beset them. Open to all sincere and steady students. Conducted on Honor and Truth Basis. A nominal charge for seven priceless manuscripts to insure Sincerity, invite Regularity and check Curiosity is made.
- JANUARY 12, WEDNESDAY, 3:00 P.M. — If you are not Poised, you are Poisoned; where there is Poise offence is neither given, nor taken.  
8 P.M. — Tension is most vital for self-growth, it builds and kills. Laughter, amusement and frivolity are legitimate psychological necessities, but are they sufficient?
- JANUARY 13, THURSDAY, 3:00 P.M. — A righteous outward living strengthens the Inward Righteousness.  
8 P.M. — Is it easy to love? Or is loving the hardest thing in the world? How many truly loving persons have you known? Is there a science of love, like engineering?
- JANUARY 14, FRIDAY, 3:00 P.M. — Is your Internal Critic always Nagging at you, giving no Peace?  
8 P.M. — Second great session in Divine Meditation class, open for all to join. Get your seven Meditation manuscripts.
- JANUARY 16, SUNDAY, 3:00 P.M. — Matchless, never-failing, vito-chemical exercises giving mind poise and body flexibility, stimulating endocrine glands, enriching supply of blood and working wonders for jaded nerves demonstrated.  
8 P.M. — Spiritual therapeutics, healing for all inner feuds, and self-frustrations, which make Life meaningless, and tragically unsatisfactory. What are only Palliatives, and what the True Cure?
- JANUARY 17, MONDAY, 3:00 P.M. — Man fulfills the Law, God bestows the gifts.  
8 P.M. — New Dimension of morality, not of Restraint and Prohibition (of ten commandments) but a spontaneous morality that lies as a Fountainhead within the human soul.
- JANUARY 18, TUESDAY, 3:00 P.M. — Mind wanderings that will not be controlled by human reasoning and efforts alone. What gives mind strength, stability and steadiness, what weakens, splits and divides?  
8 P.M. — Third great session in Divine Meditation class, open for all to join. Get your seven Meditation manuscripts.
- JANUARY 19, WEDNESDAY, 3:00 P.M. — Neither bury, nor forget your fears, take a good look at them and grow through them.  
8 P.M. — Satisfying Sex-life involves the whole of Personality which brings all of the Beauty and glory of Life Divine in us.

- JANUARY 20, THURSDAY, 3:00 P.M. — Art of turning discords into accords, where Harmony of Life prevails fortunes follow.  
8 P.M. — The effect of food upon the character of man, his imagination, his honour, his judgment, his courage and his perceptions; whether he is awake, asleep, active or in repose. New dishes which sustain without distressing, and soothe without surfeiting.
- JANUARY 21, FRIDAY, 3:00 P.M. — Your own self-degradation can really hurt you, not events.  
8 P.M. — Fourth great session in Divine Meditation class, open for all to join. Get your seven Meditation manuscripts.
- JANUARY 23, SUNDAY, 3:00 P.M. — Hidden Draw-Bridge that Connects the Mind of Man which reasons with the Mind of God who Knows.  
8 P.M. — How to heal yourself and others with Certainty and put the sick man into a Positive Relation to the Healing Powers of the living Word. (A most educational enlightening Public demonstration given.)
- JANUARY 24, MONDAY, 3:00 P.M. — Suppressed and repressed thoughts create nerve disorders, Neurotic conditions and unbalanced state of Mind — and the Cure.  
8 P.M. — The soul has a Penumbra, a Radiation of unconscious influence, which reveals far more the inmost character of man than the lighted area of consciousness.
- JANUARY 25, TUESDAY, 3:00 P.M. — Further development is always presaged by a sense of lack, and emptiness within — a precursor of a higher stage of awareness.  
8 P.M. — Fifth great session in Divine Meditation class, open for all to join. Get your seven Meditation manuscripts.
- JANUARY 26, WEDNESDAY, 3:00 P.M. — Do not strive to solve your problems, without experiencing a change for the better in your nature and character.  
8 P.M. — Psychic Poisons with their fetid odors undermine Spiritual Stamina and Paralyze Mental and Moral Health, and their Removal.
- JANUARY 27, THURSDAY, 3:00 P.M. — Twin pillars of world's structure, the Great-Contraries of Life. Why spend life in denying life, why be afraid of it? Accept life as it is and work with it.  
8 P.M. — Correct Diagnosis of a secret unaccountable affinity between Persons, strangers before, which draws them irresistibly together.
- JANUARY 28, FRIDAY, 3:00 P.M. — The Insight of the Inner-Eye comes when the divided mind is made whole.  
8 P.M. — Sixth great session in Divine Meditation class, open for all to join. Get your seven Meditation manuscripts.
- JANUARY 30, SUNDAY, 3:00 P.M. — Psycho-analysis and synthesis are both essential for transformation if the analysis is to meet with fundamental success.  
8 P.M. — Reincarnation — a scientific fact, you have lived before, and you can recall. It fits man's soul for perfection.
- JANUARY 31, MONDAY, 3:00 P.M. — When Life lets you down how to call on the Lord of Life to lift you up.  
8 P.M. — Divinities, that guide souls to their proper spheres after Death. Ethical test, moral and spiritual fitness in the Hereafter and not Religious labels determine souls' gravitation.
- FEBRUARY 1, TUESDAY, 3:00 P.M. — Indigestible ideas, like food, cause Mental Pain, and Dyspepsia and the Remedy.  
8 P.M. — Seventh great session in Divine Meditation class, open for all to join. Get your seven Meditation manuscripts.

- FEBRUARY 2, WEDNESDAY, 3:00 P.M. — Psychology can not change human nature nor can it integrate the mind. Its only business is to understand human nature, and different units of mind in their relations.  
8 P.M. — Dreams resulting from physiological, psychological conditions, and astral influences, and dreams that are curative, and caused by spiritual agency.
- FEBRUARY 3, THURSDAY, 3:00 P.M. — Your protective spiritual Armor and Psychic Rings, and how they are hurt and broken through.  
8 P.M. — When the Inner-Life gets cheesy and rusty, and you are full of rattles, quality of character goes downhill, and the soul-stuff falls off.
- FEBRUARY 4, FRIDAY, 3:00 P.M. — When in doubt follow your Heart's dictates, and Respond like a needle to the Pole.  
8 P.M. — Eighth great session in Divine Meditation class, open for all to join. Get your seven Meditation manuscripts.
- FEBRUARY 6, SUNDAY, 3:00 P.M. — Progress through Ego-centered planned chaos, or by free choice working with the will of God, the moral law.  
8 P.M. — Can we talk with the Dead? Witness Swedenberg's warning against "Conscious intercourse with any that fall short of the Celestial Rank."
- FEBRUARY 7, MONDAY, 3:00 P.M. — Pain is Medicine, what is not delight is Discipline, the avenue to nobler joy, and greater growth godward.  
8 P.M. — The quickening Touch of the Master, floods the soul with a Heavenly Brightness during Initiation, a profound experience to work for and win in freedom.
- FEBRUARY 8, TUESDAY, 3:00 P.M. — Enemies of inner Peace and Morale, which ruin souls' life.  
8 P.M. — Ninth great session in Divine Meditation class, open for all to join. Get your seven Meditation manuscripts.
- FEBRUARY 9, WEDNESDAY, 3:00 P.M. — Solve all your problems, by laying the thought upon the Heart in the Evening and pronouncing decision in the morning.  
8 P.M. — What is your very own genius, the Principles inherent in your own Constitution, how to know them, work with them, and follow them, where they lead to.
- FEBRUARY 10, THURSDAY, 3:00 P.M. — To see things aright, we must be lifted above them.  
8 P.M. — Heavens Eternal Mathematics, have their own Paces, they slow not, and speed not. Fruits of Karma come only in the Ripeness of Time.
- FEBRUARY 11, FRIDAY, 3:00 P.M. — Reconciliation of what a man believes with the Truth of what a man is. Facts qua facts are incapable of error.  
8 P.M. — Tenth great session in Divine Meditation class, open for all to join. Get your seven Meditation manuscripts.
- FEBRUARY 13, SUNDAY, 3:00 P.M. — Miracle of Instant Healing thoroughly explained and demonstrated.  
8 P.M. — Soul at Death and the experience you will meet with, after your soul leaves the body and how must you behave in the **Bardo**, the Realm intermediate between this life, and the next.