

SOULFUL SCIENCE OF THE SIKH SAVIOURS



Most Concise and Comprehensive Course in Practical Wisdom. All sincere seekers of Life and Truth welcome. No lecture or Classes on Saturdays, except Dec. 18

DECEMBER 13, MONDAY, 3 P. M.: Discover the Boundless Being who lives in you — who is the Upholder of your Ego, and Supreme Lord of the Universe.

8 P. M.: Springtime of the Heart, is all time. Life does not grow, our realization of Life grows. How?

DECEMBER 14, TUESDAY, 3 P. M.: The discovery of the Supreme Mind in your Mind; the Mind of Man and the Mind in Man.

8 P. M.: Transformation of Mind is the transformation of existence and how to know — the "Knower Consciousness."

DECEMBER 15, WEDNESDAY, 3 P. M.: Mind the Rod of Dominion, not an instrument of slavery. Don't be a beggar in the House of Life.

8 P. M.: Evolution — Divinity Itself — the origin and end of the individual life — and your glorious future — reaching topmost heights of your stature.

DECEMBER 16, THURSDAY, 3 P. M.: There is no Heaven or Hell except within us; no Demons outside of Humanity.

8 P. M.: How to free consciousness from the meshes of matter?

DECEMBER 17, FRIDAY: How to discover Joy of doing things, Magic of holding on, and the Charm of letting go?

8 P. M.: Sixth lesson in Meditation Class — open only to sincere and regular students.

DECEMBER 18, SATURDAY, 3 P. M.: Fear and its full elimination from mental mechanism. How?

8 P. M.: Seven ingredients of your mind — your seven Rays — how to find out what you are best fitted for — Your own Ray — Your own Path.

DECEMBER 20, MONDAY, 3 P. M.: How to heighten the tides of Life and live at the flood-tide of Life.

8 P. M.: How to remove uneasiness, anxiety, anguish and nervousness that unnerves.

DECEMBER 21, TUESDAY, 3 P. M.: Ceasing to live in the world of shadows, and laying hold of Eternal Life. How?

8 P. M.: Nam, the Revealing Word, Repository of the Infinite Treasures of the Divine Love and Wisdom.

DECEMBER 22, WEDNESDAY, 3 P. M.: How to radiate healthy, harmonious and high vibrations, forming a protective shell and develop "Silver Shield of the Spirit."

8 P. M.: Magnetism, Personal, Terrestrial, Celestial and Spiritual. Your personal atmosphere, sympathies, attractions, antipathies and aversions explained.

DECEMBER 23, THURSDAY, 3 P. M.: Conscious life must have Conscious Righteousness and not Instinctive. Listen to what your own Heart dictates. How?

8 P. M.: Science and art of Peace and Emotions. New Life, New Hope, New Youth, New Things — a ceaseless progress forward, for those who understand. How?

DECEMBER 24, FRIDAY, 3 P. M.: As you increase in the Consciousness of Right — the Power to see what is Right and to do it — so you will rise and grow. How?

8 P. M.: 7th lesson in Meditation Class, open only to regular students.

DECEMBER 26, SUNDAY, 3 P. M.: "Sub-conscious Mind" and how to use its infinite potentialities and actualize them in peace, power and plenty.

8 P. M.: Characteristics of First, Second and Third Ray Persons, their efficiencies and deficiencies.

DECEMBER 27, MONDAY, 3 P. M.: How to renew and recharge your body batteries and mind with Cosmic Energy. Conscious Life is built upon Unconscious Life. You can not degrade the Temple and exalt Him that lives there.

8 P. M.: Four great Hungers: Body Hunger, Mind Hunger, Heart Hunger and Soul Hunger. Hunger is the consciousness of incompleteness. How to satiate them?

DECEMBER 28, TUESDAY, 3 P. M.: How to be free from care, Pain and want, and transform the grind of Life into the Delight of Divinity?

8 P. M.: Sorrow, pain, trouble, weariness, despair, unhappiness, change — they pass, but YOU remain — nothing Real but Yourself. How?

DECEMBER 29, WEDNESDAY, 3 P. M.: Significance of seeing colors, in seance and meditation; their healing and harassing effects; thought and color meditation. How?

8 P. M.: Practical Healing — direct or indirect with demonstration. All functional disorders removed by psychotherapy. How?

DECEMBER 30, THURSDAY, 3 P. M.: How to find your own Centre — the still place of balanced forces in the body, for practical guidance.

8 P. M.: Happiness and success are the electric atmosphere of the Heart, living, pulsing, growing, glowing.

DECEMBER 31, FRIDAY, 3 P. M.: How to completely psycho-analyse yourself so that nothing exterior shall take command of you.

8 P. M.: Eighth lesson in Meditation Class, open only to sincere and regular students.

JANUARY 2, SUNDAY, 3 P. M.: How to acquire an Initiative? Victors and Victims on the Battlefield of the Soul. Fight must help, flight never. How?

8 P. M.: Characteristics of Fourth, Fifth, Sixth and Seventh Ray Persons, their efficiencies and deficiencies.

JANUARY 3, MONDAY, 3 P. M.: Nerve Energy, true energy of human motor, how to charge your motors with power and speed yourself up.

8 P. M.: Dreamland — nightmares, jumbles, premonitions, Dreams and Visions. How caused? Follow not meteors, but cultivate the clear light within.

Breath is the Flywheel of Life. Its Dynaspheric Fine Forces, Sanely Used Add Years to Life and Life to Years

FREELY WE GIVE



FREELY WE RECEIVE