

JANUARY 6, MONDAY, 3 P.M.—Instability of Things and the Stability of Mind and How it is Acquired.

Indirectly, and on the whole, man holds to the Truth, but directly and immediately what he holds to, or seeks, is not the Truth, but the Truth which he wants. It is the cravings of his physical being which he satisfies.

8 P.M.—Happiness—What it is, Why We Seek It and Where it is Found?

"The desire of the Moth for the Star,
Of the night for the morrow,
The devotion to something afar,
From the sphere of our sorrow."—(Shelby.)

Why?

JANUARY 7, TUESDAY, 3 P.M.—The Alchemy of Life-Principle and How to Change Evil Into Good, and Good Into Grace, and Glory of God and Be Truly Blessed.

"Look Nature thru; it's revolution all,
All change, no death—Day follows night and night
The dying day. Stars rise and set, and set and rise,
Earth takes the example. All to reflower fades,
As in a wheel! All sinks to Reascend.
Emblems of Man, who passes, not expires."

8 P.M.—Expansion of the Stream of Consciousness—and its Freedom from Gross Matter and Fickle Mind—How?

"Fulfill thou the Perfection of truth. Though the thunderbolt descend upon thy head, yield thou never to the allurements that beguile men from the path of truth. As the sun at all seasons pursues his own course, nor ever goes on another—even so if thou forsake not the straight path of Righteousness, thou shalt become a Buddha."

—(The Gospel of Buddha.)

NOON HOUR RADIANT HEALTH CLASS
IN

Respiropathy or the Science of Breathing and Glands conducted daily except Saturdays and Sundays from 12 noon to 1. Open to all sincere seekers of vibrant, radiant health, contingent on four weeks regular attendance. Conducted on Honor Basis—Pay voluntarily what your sense of fairness and right dictates and what is reasonable. Secure registration cards and donation vouchers before joining. We reserve the right to dismiss those who do not observe honor. Your word will have worth and weight unless you choose to dishonor honor.

Following troubles especially in their chronic condition can be effectively treated by the Science of Breathing and Corrective Exercises and Selective Diet:

Constipation, Dyspepsia, Headache, Piles, Heart Disease, Neuralgia, Sinus Trouble, Diabetes, Hysteria, Consumption, Obesity, Sterility, Impotence—improvement of circulation, digestion, assimilation and elimination, etc.

Freely we give, Freely we receive. Truth can be honored but never sold.

Meditation Class every Friday, 8 P.M. to 10 P.M.

Meditation is the Science of Consciously Partaking of the Life of the Eternal Being Who Lives in Us.