DECEMBER 6, FRIDAY, 3 P.M.—Aids and Hindrances to Union with Our Own God Within Our Own Heart.

"It is not by discarding any part of the limited self, that the Full Self is known, but by the development of the limited self in every part and as a whole into the Whole."

8 P.M.—Meditation Class for Training Men and Women to Carry Themselves Serenely Amid All the Trials that Beset Them. Open to those who come daily or intend to come regularly. Conducted on Honor Basis. Secure registration cards, donation vouchers and Meditation Lesson.

DECEMBER 8, SUNDAY, 3 P.M.—The Easiest Technique of Working ing Hard Without Ever Being Tired, and How to Recharge and Renew Your Body, Mind and Soul.

"In ourselves the sunshine dwells, From ourselves the music swells, By ourselves our life is fed With sweet or bitter daily bread."

8 P.M.—Science of the Sacred Word—"The Music of the March of Life." The Song of Salvation. The Surt-Shabad. The Spirit-Sound-Current.

"In the beginning there was Word, the Word was with God and Word was God."

"Whilst in that sound, there is a charm The nerves to brace, the heart to warm."

DECEMBER 9, MONDAY, 3 P.M.—Your Sure Supply—Visible and Invisible and How to Demonstrate and Draw it Your Way.

"What wouldst thou have, aspiring Soul? Claim it—it is already thine; Thy wish is born of what thou hast Concealed within thy soul Divine."

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8 P.M.—Evolution—The Key-Note of the Continuity of Existence. "We are Gods in the Chrysalis." How?

"I am that which began
Out of me the years roll,
Out of me God and Man,
I am equal and whole.,
God changes and Man and the form of them bodily,
I am the Soul."—(Swinburne.)

DECEMBER 10, TUESDAY, 3 P.M.—How to Solve Each Problem in Life as You Face it, by Seeing it in the Light of Truth, and Free Yourself from Likes and Dislikes—they are Hindrances to Your Growth.

"Be firm and be faithful; desert not the right; The brave become bolder, the darker the night! Then up and be doing, though coward may fail; Thy duty pursuing, dare all and prevail! If scorn be thy portion, if hatred and loss, If stripes or a prison, remember the Cross! God watches above thee, and He will requite; Desert those that love thee, but never the Right."

8 P.M.—The Prognosis and Diagnosis of Sin and Suffering and Evil in the World.

Evil and misery are the twin demons of life. Why is there evil at all in the world when God is Love, Light and Life, and Goodness thru and thru? Ugliness and beauty, good and evil are relative. What is beautiful to one pair of eyes may be hideous to another. Like the child's jigsaw puzzle, what appears crooked, unintelligible in the Part, may be harmonious in the Whole. How?

DECEMBER 11, WEDNESDAY, 3 P.M.—The Soul of Religion and the Sunrise in Your Soul, the First Great Awakening in the Spiritual Life of Man.

"That man may last, but never lives,
Who much receives and nothing gives;
Whom none can love, whom none can thank,—
Creation's blot, creation's blank."—(Gibbons.)

8 P.M.—How to Develop Real and Ever Growing Personal Radiation, a Divine Atmosphere, an Auspicious Aura.

"Life is real, Life is earnest! and the grave is not its goal;
Dust thou art, to dust returnest, was not spoken of the soul;
Not enjoyment and not sorrow, is our destined end or way,
But to act that each tomorrow finds us farther than today."
—(Longfellow.)

DECEMBER 12, THURSDAY, 3 P.M.—Significance of Seeing Colours in Meditation, their Healing and Harassing Effects and Use of the Science of Colours in the Science of Love. How?

"This is its work upon the things ye see,
The unseen things are more; men's hearts and minds,
The thoughts of Peoples and their ways and wills,
Those, too, the great Law binds."
Unseen, it helpeth ye with faithful hands,
Unheard, it speaketh stronger than the storm."

8 P.M.—How to Find Your Place in the World and Know What You are Best Fitted For.

"Brutes find out, where their talents lie;
A bear will not attempt to fly,
A foundered horse will oft debate
Before he tries a five-barred gate.
A dog by instinct turns aside
Who sees the ditch too deep and wide.
But man we find the only creature
Who, led by folly, combats Nature
Who, when she loudly cries—forbear!
With obstinacy fixes there,
And where his genius least inclines,
Absurdly bends his whole designs."—(Swift.)

DECEMBER 13, FRIDAY, 3 P.M.—How to Fix Your Gaze Upon the Flaming Star Within, and Let its Kindly Light Lead You on into the Upper Mansions of Your Heavenly Father.

"Blow, winds of God, awake and blow
The mists of earth away!
Shine out, O Light Divine, and show
How wide and far we stray!"—(Whittier.)

8 P.M.—Meditation Class—for training men and women to carry themselves serenely amid all the trials that beset them. Open to all who come daily and regularly or intend to do so hereafter. Conducted on Honor Basis. Secure cards for Registration and Donation Vouchers and Meditation Lesson.

DECEMBER 15, SUNDAY, 3 P.M.—How to Completely Psycho-Analyze Yourself, so that Nothing Exterior Shall Take Command of You?

> "We glance and nod and hurry by, And never once possess our souls Before we die."