"Truth Is Higher Than Everything, But Higher Still Is True Living" -- GURU NANAK

- Free Lectures and Classes from October 5 to November 9, Inclusive NO LECTURES ON SATURDAYS
- OCTOBER 5, SUNDAY, 3:00 P. M. What am I? Whence came I? Why I am here? Whither am I going? and What are the Right Relations betwixt myself, God and the universe?
 - 8 P. M.-How may I know God as the Soul of my Soul?
- OCTOBER 6, MONDAY, 3:00 P. M. Enemies within the Gates.
 - 8 P. M. Sufferings are real, they exist. There is a cause of suffering. The cause of suffering can be removed.
- OCTOBER 7, TUESDAY, 3:00 P. M. Adjustment of myself as I am to Myself.
 - 8 P. M. Meditation Class. First great session for training men and women to carry themselves serenely and victoriously amid all the trials that beset them. Open to all sincere and steady students. Conducted on Honor and Truth Basis. A nominal charge for seven priceless manuscripts to insure Sincerity, invite Regularity and check Curiosity is made.
- OCTOBER 8, WEDNESDAY, 3:00 P. M. Forces which build lofty character and truly spiritual stature.
 - 8 P. M. Psychological Law of Apperception Nothing external can affect you for good or evil, except through you and as you take it with understanding or without.
- OCTOBER 9, THURSDAY, 3:00 P. M. Diagnosis and Prognosis of ourselves, seeing ourselves as we are and also what we shall become.
 - 8 P. M. Seeing by Soul's Inward Light; no one else's light and no other light can steer our ship of existence in the Ocean of Life.
- OCTOBER 10, FRIDAY, 3:00 P. M. Cycles of time can be controlled. Luminous minds triumph over advancing years.
 - 8 P. M. Second great session in Divine Meditation Class, open for all to join.
- OCTOBER 12, SUNDAY, 3:00 P. M. Never failing Vitality Producing Nerve and Gland-Strengthening exercises to Regulate functions of the Endocrine organs to stave of sickness and old age demonstrated.
 - 8 P. M. Can Spiritual Illumination be imparted to others by the Transfigured Teacher? What are the conditions and qualities necessary for Giving and Receiving?
- OCTOBER 13, MONDAY, 3:00 P. M. Suppressed and Repressed thoughts create nerve disorders, neurotic conditions and unbalanced state of mind—and the Cure.
 - 8 F. M. Drama, Dance and Romance of humal emotions. An emotion raised to its highest merges with the Flame of Life and reinforces it.
- OCTOBER 14, TUESDAY, 3:00 P. M. How perfect inte poise is attained betwixt the composite and complex par, of the human Personality.
 - 8 P. M. Third great session in Divine Meditation Clasopen for all to join.
- OCTOBER 15, WEDNESDAY, 3:00 P. M. Non-fulfillme of the Natural Life brings a life of boredom.
 - 8 P. M. What special conditions are present when ful fillment of Life occurs and human happiness is realized this world of time, place and circumstance?

- OCTOBER 16, THURSDAY, 3:00 P. M. Sorrow results from attachment to things that decay and die out.
 - 8 P. M. What were we before Birth, and what are we after Death?
- OCTOBER 17, FRIDAY, 3:00 P. M. Means of Steadying the Mind.
 - 8 P. M. Fourth great session in Lessons on Divine Meditation Class, open for all to join.
- OCTOBER 19, SUNDAY, 3:00 P. M. Rhythm is infinitely more purposeful than Exertion. What are the main Rhythms of Life and Nature?
 - 8 P. M. How to Heal yourself and others, through Spirit-Sound-Substance of your own Soul (Most unique, educational, enlightening public demonstration given).
- OCTOBER 20, MONDAY, 3:00 P. M. The only Hitching Post for the soul in the Universe.
 - 8 P. M. "Too dead tried?" You are tired of the work, not by it. Muscular, Nervous, Mental and Moral fatigues. Tired Person is actually a Poisoned Person—and the Cure.
- OCTOBER 21, TUESDAY, 3:00 P. M. Neither Sublimation, nor unearthing of Buried and Hidden Complexes strong enough to eliminate our Inner Conflicts.
 - 8 P. M. Fifth great session in Lessons on Divine Meditation Class, open for all to join.
- OCTOBER 22, WEDNESDAY, 3:00 P. M. Interchange of the Essences of Human and the Divine Minds in meditation is most Regenerating and Bestower of Real Vitality. 8 P. M. The Soul has a Penumbra—a Radiation of Unconscious Influence, which Reveals far more the inmost character of man than the small lighted area of consciousness.
- OCTOBER 23, THURSDAY, 3:00 P. M.—Transmute through understanding all fears, worries and uncertainties and live in the Very Life of God.
 - 8 P. M. Concentration—the Art of applying attention without Tension, steady and undissipated—mark of a True seeker of God.
- OCTOBER 24, FRIDAY, 3:00 P. M. Ye possess a Mine of Bliss in the Soul.
 - 8 P. M. Sixth great session in Lessons on Divine Meditation Class, open for all to join.
- OCTOBER 26, SUNDAY, 3:00 P. M. How to Psychoanalyze yourself, so that nothing external shall take command of you; and the Integration of your Personality.
 - 8 P. M. Reincarnation a Scientific Fact the Soul passes through many existences, alternately terrestrial and Celestial, and through Constant improvement, it progresses and ascends toward God by the Power of His Grace.
- OCTOBER 27, MONDAY, 3:00 P. M. Basking in the sunlit spiritual atmosphere of fully transfigured Beings.
 - 8 P. M. What is your Ray, your Rhythm, your Colour, your very own note of Life's Infinite Music?
- OCTOBER 28, TUESDAY, 3:00 P. M. Within your own Consciousness lies the Cure for all your unhappiness.

 8 P. M. Seventh great session in Lessons on Divine Meditation Class, open for all to join.

- OCTOBER 29, WEDNESDAY, 3:00 P. M. Gathering together of the out-going Powers of the mind gives a special attractive Power to bring the best of others.
 - 8 P. M. Mysteries of Dream Life—Is it your normal Daytime Life, or your Dream Life which contains the illusion Where Lies Reality?
- OCTOBER 30, THURSDAY, 3:00 P. M. When God guides, it is in fact done, and then thought of; not thought of and then done.
 - 8 P. M. How do the Teacher and the disciple establish magnetic and spiritual links between them though living at distant places through the Formative Divine Substance of His Word.
- OCTOBER 31, FRIDAY, 3:00 P. M. Laying the thought upon the Heart in the Evening and Pronouncing decision in the morning.
 - 8 P. M. Eighth great session in Lessons on Divine Meditation Class, open for all to join.
- NOVEMBER 2, SUNDAY, 3:00 P. M.—Inward Stillness, Inward Grace, Inward Quickening and Inward Healing follow each other.
 - $8\ P.\ M.\ -$ Can we talk with the Dead? Is the Psychic Hinterland—the Fatherland of the Soul?
- NOVEMBER 3, MONDAY, 3:00 P. M. Get down below your follies, your shams, your mistakes, and your self-deceits, and face yourself.
 - 8 P. M. Enemies of Morale and the Technique of Morale-making. What are the methods by which the spirit that often defies death is created.
- NOVEMBER 4, TUESDAY, 3:00 P. M. How the Will, Imagination and Judgment become diseased, impoverished and Disappear.
 - 8 P. M. Ninth great session in Lessons on Divine Meditation Class, open for all to join.
- NOVEMBER 5, WEDNESDAY, 3:00 P. M. Protective web in the aura of each soul.
 - 8 P. M. Milestones on the way to spiritual progress. Hosts of Heaven will help you, if you keep faith with Truth—God is the guide and God the Goal.
- NOVEMBER 6, THURSDAY, 3:00 P. M. The Law of Vibration, the most subtle and irresistible Force in the Universe, and its never failing Power to attract all things—good, true and Beautiful.
 - 8 P. M. How to attract, recognize, select and unite to your mate through Psycho-physical closeness of Connection for Love's Highest fulfillment.
- NOVEMBER 7, FRIDAY, 3:00 P. M. Significance of seeing Colours in meditation—their healing and harassing effects on the mind and body.
 - 8 P. M. Tenth great session in Lessons on Divine Meditation Class. Last chance to join advanced Meditation Class.
- NOVEMBER 9, SUNDAY, 3:00 P. M. Instantaneous Divine Spiritual Healing. How the Gates of Light be opened to you.
 - 8 P. M. Coming Colossal Conflict of Continental Giants for world supremacy and unfailing justice of the Moral Law.

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