

## Mightiest Methods of Meditation

TWICE WEEKLY (Mondays and Thursdays,  
6:00 P. M. to 7:00 P. M.)

Ignorance is the dark night of the Soul, a night without stars or moon; it is the field in which all difficulties grow, in which all passions and weakness are born. Ignorance is Death itself. The sage's quest is for himself and within himself, he advances continually in the Spiritual Life by remaining carefully self-gathered within, and sees the gleam of true Light there, which dispells all outer darkness. Whoever wishes to know the Truth must sound the depths of his own heart. The Eternal cannot be seen, so long as mind is not at rest. The force of attention properly guided and directed towards the Inner Life allows us to analyze our soul, and will shed light on many things; the forces of the mind resemble scattered rays, concentrate them and they illumine everything. This is the sole source of Knowledge we possess, to conquer this Knowledge there is only one method—**Concentration**.

Learn to apply yourself intelligently to profound Meditation. Salvation is near the man, who no sooner sits for meditation, is surrounded with the Divine atmosphere and his soul communes with the Ineffable. Learn to have a wise Passivity to God and an illuminated activity to the world. Let the Wise Silence energize you, then the "Mountains will move, and you will conquer." Real action is done in moments of Silence, there every battle is won before it is fought.

No joy is greater than to discover within your own Temple a Being—Free, Intelligent, Loving, Happy and Deathless and All Delight. All existence are born in this Delight, by Delight they live, and towards Delight they return. Let Light be your Delight. Come with your friends to experience it.

A special Free Class in Meditation will be conducted twice weekly. To insure harmony and unity of purpose, only worthy and well-qualified persons will be trained for the Inner Circle which will be the Permanent Nucleus.

Like all Dr. Thind's work, this class also is conducted on Love-offering Plan; Contingent on three weeks regular attendance for thorough training. To keep undesirable elements out, admittance is reserved by cards signed by the teacher. The teacher reserves the right to dismiss anyone not living up to the practical requirements of the Class.

## Noon Hour Health Class

Daily (except Sundays) from 12 to 1 Noon

Practical Study and Rigid Training in the Science of Breath and Nature's Finer Forces thru unfailing Psycho-therapeutic methods—conducted daily from 12 to 1 noon. All nerve, gland and Functional Disorders and Derangements guaranteed adjusted by Simple and Natural Methods; Obesity entirely removed. Our practice is built on the comprehension of the Law of Radiation, of Magnetic Currents and of the Psychic Potencies or Force Centres found in all bodies and their relationship to the Cosmic Force Centres and Currents of the Solar System of the Universe. This class is strictly free to all sincere seekers of Radiant and Vibrant Health, being conducted on Love-offering Plan—giving of your own free choice your level best to help the Great Work; and contingent on four weeks regular attendance to thoroughly master the methods taught. The teacher reserves the right to dismiss any member who does not fulfill the practical requirements of the class. To protect the class from malicious magnetism of undesirable persons, admittance is reserved by cards; signed by the teacher.

Free Interviews by Special Request to Select Few  
at Pickwick Hotel, Apt. 304  
833 S. Grand Ave., Phone TRinity 3551

## Unique Books

My most illuminating and epoch-making books revealing the steps to the Infinite can be purchased from the address given below:

- 1—Divine Wisdom, Vol. I.—\$2.25 postage extra
- 2—Divine Wisdom, Vol. II.—\$2.50 postage extra
- 3—The Bible of Humanity for Supreme Wisdom.  
Book I.—\$1.00 postage extra
- 4—Soul Celestial—The Darling of God.  
Book II.—Price \$1.00 postage extra
- 5—Wisdom and the Wheel,  
Book III.—Price \$5.00 postage extra
- 6—Breathing and Glands— \$1.00 postage extra
- 7—House of Happiness— \$5.00 postage extra

These books have been rightly called "Heralds of Happiness," "Gloom Dispellers," "Harbingers of Health and Holiness," "Demon Drivers," "Moral Monitors" and "Christ Creators."

Send Postal Money Orders to the author's permanent address:

DR. BHAGAT SINGH THIND  
P. O. Box 2134  
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"To Know, to Dare, and to Keep Silent"



## DR. BHAGAT SINGH THIND

Psychologist, Metaphysician and Divine of Amritsar, India, Author of "Divine Wisdom," "The Bible of Humanity for Supreme Wisdom," "House of Happiness," etc., in a

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Daily from 12 to 1 Noon, except Sat. and Sun.  
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