

Soulful Science of the Sikh Saviours

Most Concise and Comprehensive Course in Practical Wisdom. All sincere seekers of Life and Truth welcome. No lecture or classes on Saturdays.

APRIL 11, SUNDAY, 3 P. M.: Man's World and the World of the Infinite, their relationship and how to harmonize them—**Harmony is Heaven.**
8 P. M. How to enter the **Gateway** to the **Heart of Things** and directly experience Reality.

APRIL 12, MONDAY, 3 P. M.: Three layers of our minds, each revealing a Reality of Existence and their inter-penetration.
8 P. M.: **Nervousness**, its **Psycho-Physical** and **Psychological Symptoms and Cure.**

APRIL 13, TUESDAY, 3 P. M.: Physical and mental fatigues and your secret springs of Life. How to charge your body batteries and mind with the energy of Life.
8 P. M.: How to free Consciousness from Consciousness-contents and ascend into upper-strata of your soul.

APRIL 14, WEDNESDAY, 3 P. M.: Wonders of the body and the bodily chemists—the **Inner-Builders** and how the mind is influenced by bodily states.
8 P. M.: **Evolution.** How man's **Material Sheath** passes through all the Kingdoms of Nature, until it is penetrated by **Atmic** or **Christ Self-Consciousness** in the **Perfected Man.**

APRIL 15, THURSDAY, 3 P. M.: Mind can be the **Monarch** and the **Seer**, shining through the Home it tenants. How?
8 P. M.: Seven ingredients of your mind—your Seven Rays. How to find out what you are best fitted for.

APRIL 16, FRIDAY, 3 P. M.: Cosmic Mind—the archetypal Mind and how to see things completed within. Within you is the Power to be all you want to be. How?
8 P. M.: Meditation Class open only to Regular Students and disciples.

APRIL 18, SUNDAY 3 P. M.: The sunrise in Your Soul the first great awakening in the Spiritual Life of Man.
8 P. M.: The highest technique of **Concentration, Meditation, Contemplation, Realization** and **Consecration.**

APRIL 19, MONDAY, 3 P. M.: The Psychology, Physiology and the Law of Prayer. It is a conscious taking of what is already provided for. How?
8 P. M.: "Your Chamber in the Heart." Men get what they have in their Hearts. How?

APRIL 20, TUESDAY, 3 P. M.: Love—our body mutilates it, our mind deforms it, our Heart longs for It. Without Truth there is no Love. How?
8 P. M.: Drama and Romance of Emotions and their sublimation. How?

APRIL 21, WEDNESDAY, 3 P. M.: Science of Peace and its practice. Have Peace or go to Pieces.
8 P. M.: Potent Force that changes dullness into radiance, trials into joy, depression into exaltation—the **Creative World of the Infinite**, animating Power of our Beings and the quickening of life.

APRIL 22, THURSDAY, 3 P. M.: How to kindle the Fires of Faith—"Faith—that moves mountains."
8 P. M.: Most exact and occult methods of vibrating and Ionizing your glands for radiant Health and longevity and your Subtle and Spiritual bodies.

APRIL 23, FRIDAY, 3 P. M.: Significance of seeing colors in seance and meditation, their healing and harrasing effects; Thought and Color Meditation. How?
8 P. M.: Meditation Class, open only to regular students and disciples.

APRIL 25, SUNDAY, 3 P. M.: How to banish, **forever**, fears, worries, uncertainties and indecisions.
8 P. M.: Powers supernatural in the human world are normal in the fourth-dimensional. Cosmic Consciousness and how it is experienced and extended.

APRIL 26, MONDAY, 3 P. M.: How to see your fondest desires and hopes come true. "The Vision of the Charitable Heart."
8 P. M.: In the Freedom of the Spirit, there is no sorrow, no sickness, no sin and no Death. How to attain to such freedom while in the body.

APRIL 27, TUESDAY, 3 P. M.: Youthful conditions within will restore the condition of your youth without. How to be young and useful at any age.
8 P. M.: Practical Healing Demonstration. Life forces always heal. Medical and mental healing fanaticism. Science and religion not genuine antagonists, but happy Partners. How?

APRIL 28, WEDNESDAY, 3 P. M.: How to awaken the latent powers of Your Will—by forethought, suggestion and action.
8 P. M.: How to increase your Physical, Mental and Spiritual Energies to the fullest capacity of the Evolutionary Force in you.

APRIL 29, THURSDAY, 3 P. M.: Wide extent of the Heart, Mutual Sympathies of the Pure-Hearted Souls; reciprocities of their affections and their union with one another.
8 P. M.: Karma—the Law of Cause and Effect and a universe of reciprocal values. **Things just don't happen, they always happen just.** How?

APRIL 30, FRIDAY, 3 P. M.: "Look for the Light, follow the Light."
8 P. M.: Third lesson in Meditation Class, open only to regular students and disciples.

Breath Is the Flywheel of Life. Its Dynaspheric Finer Forces, Sanely Used, Add Years to Life and Life to Years

FREELY WE GIVE

FREELY WE RECEIVE